Observe Major Anniversaries Week of May 7

The two most significant events of modern Jewish times will be commemorated by the Jewish Community of Ottawa during the week beginning Sunday, May 7. Attendance is expected to exceed all previous records.

The first will be Holocaust Memorial Dedication Memorial on Sunday morning, May 7 at 11:00 o'clock by the Rt Hon Bora Laskin, Chief Justice of Canada. The impressive-eleven-foot high monument sits on a slight rise in the open area of the Jewish Community Cemetery on Highway 31, a short fifteen-minute drive from the centre of the city.

The site is to be landscaped and will become the focal point for the Jewish community's Yom Hashoa and Annual Memorial Service observances each year. In all probability, an appropriate name for the area will be selected. Current suggestions include "Martyr's Square" and "Holocaust Memorial Park".

In addition to the Chief Justice, program participants will include His Worship Mayor Lorry Greenberg; Aba Beer, National Chairman, Holocaust Committee, Canadian Jewish Congress; and Gilbert Greenberg, President, Jewish Community Council of Ottawa.

Mendel Good, Chairman of the Ottawa Holocaust Committee, will open the proceedings and conduct the symbolic candlelighting ceremony for the six million by survivors who live in Ottawa. There will also be selected readings by young people; a psalm by Rabbi Saul I. Aranov and a choir especially assembled for the occasion; and memorial prayers and musical selections by Cantor Moshe Kraus, who headed the program planning group.

A special effort is being made to have as many members of the Jewish community attend as is possible. The historic occasion calls for young people to be present as well as their elders. In addition, invitations have gone out to representatives of the various church denominations, to elected representatives at the various level of governments and to the school boards in the city. Announcements to the public at large will be carried in the press.

Israel Anniversary Celebrations

The Thirtieth Anniversary of Israel's Independence will be marked by an imaginative three-day program with an Israel Trade Fair as its central theme. It begins on Monday evening, May 8 with opening ceremonies scheduled for 8:00 o'clock and continues through Wednesday evening, May 10 when the gala anniversary celebration will take place. The entire facilities of the Jewish Community Centre at Rideau and Chapel Streets will be used.

Conceived and motivated by Rabbi Roy D Tanenbaum, Chairman of the Yom Ha'Atzmaut Planning Committee, the ambitious program will pull together the combined talents and manpower resources of most of the organizations in the Jewish community. It has been several months in the planning and despite some difficulty in obtaining Israeli-made clothing and fashion goods for sale, the Fair promises to be an artistic, cultural and commercial success.

Continued on Page 10

April 27, 1978 Vol. 42, No. 17 20 Nisan, 5738

OTTAWA JEWISH BULLETIN & REVIEW

U.J.A. Sabbath on April 29

The Rabbis of all five Congregations in the Jewish community have designated the eighth day of Passover, Saturday, April 29, as United Jewish Appeal Sabbath for 1978. The date selected will enable the Jewish community's spiritual leaders to relate the moral imperatives of Passover to the continuing struggle for Jewish freedom and Jewish dignity, as exemplified by the United Jewish Appeal.

The Synagogues will be filled to capacity that day by worshippers who will have come to participate in the Service during the course of which Yizkor will be recited. According to the Rabbis, their sermon topics that day will be geared to the underlying needs of Israel and the local Jewish community.

In addition, Rabbis Aranov, Berger, Bulka, Gerber and Tanenbaum have undertaken to reinforce the message of the U.J.A. Sabbath by addressing notes to their congregants on their own letterheads. As communal leaders, they have also expressed a willingness to take a hand in the direct canvassing of cards. Their offer to help and co-operation has been lauded by General Chairman Sol Shinder.

Campaign statements issued by the Rabbis are reproduced below.

Rabbi Saul I. Aranov
Congregation Beth Shalom

The phone is ringing and you lift the receiver to hear a voice say, "This is the voice of the Jewish people calling on you. We are in need of funds to ensure our survival in the present and to perpetuate ourselves in the future."

"In our own community Jewish education will help to make our young aware to want to live Jewishly, but the costs are mounting. Can you help us by investing in our childrens' Jewish future?"

"We, in the State of Israel, have persevered for 30 years to create a society of which you can be proud. Won't you encourage our efforts by contributing to help ensure the future of the Jewish State?"

"We, the Jewish young, who benefit from Jewish camping experiences, campus programs, Jewish Centre activities, and programs of cultural enrichment ask for your cooperation, won't you respond?"

"We, the elderly, the refugee and the poor. turn to you to support the Jewish communal social agencies and overseas relief agencies to ensure our freedom and integrity. Won't you help?"

Please heed the call of the Jewish people by supporting the efforts of the UJA today so that there will be a Jewish people to redeem in future generations.

Rabbi Reuven P. Bulka
Congregation Mackzekei Hadas

This has been a year of surprises, some good, some bad.

Who would have thought that the hopeful prayer we sing on Pesach, "next year in Jerusalem" would be fulfilled in the person of the leader of the most powerful of the confrontation states at war with Israel? This exodus from egypt is continually recalled with fervent hopes.

On the other hand, we have been surprised (perhaps only mildly) at the behavior of Israel's most powerful ally, the United States. They reneged on a firm commitment, a signed agreement making support of Israel guaranteed and unconditional.

Politically and strategically, this is a heavy blow. Psychologically, it is a different matter. For this chicanery serves to put things in healthy perspective. It proves that Israel's existence cannot be founded upon reliance on others.

Israel's ultimate security is strongly rooted and firmly anchored in the unshaking trust and support of its most solid friends, the universal Jewish community. Our tangible support, which forges ties with Israel in Ottawa and which helps in Israel's development, is, at once, a material and philosophical expression.

The buck stops here. But here is also where it starts.

Rabbi Roy D. Tanenbaum
Agudath Israel Congregation

The last several months have not been without their embarrassment. Anti-semitic placards and neo-Nazi drawings have forcibly reminded us in Ottawa that this is not the best of all possible worlds. While we rejoiced in its airing, the recent Holocaust screening has also turned some of our thoughts to the morbid and threatening.

That need not be the case. I refuse to complete Hitler's work for him. My response this year of Israel's 30th Anniversary is to build a stronger and more vibrant Jewish community here and abroad. I do it though personal action and by linking myself to the community efforts through U.J.A.

Give till you know you are alive; give till you can be sure all Israel is alive.

Rabbi Mordecai Berger
Young Israel of Ottawa

The recent developments in Israel have brought a clear message to Jews throughout the world. The Jew, once again, stands alone. Perhaps a decade or two ago we could have lulled ourselves into a sense of unreal security, believing "our friends" will provide sustance. However, today, 1978, anyone who clings to that illusion, is merely living with an "old fashioned" ideal. True, "Ezree Mei-Im Hashem - Our Salvation comes from the L-ord," nevertheless we must become active partners with Him in sustaining Israel today.

On the local scene a similar parallel may be drawn. We cannot rely on others to sustain our Jewish communal life-giving institutions. I refer to them as life-giving, for Jewish life, Jewish survival, today, is dependant on the many educational facilities functioning in Ottawa, regardless of persuasion.

The UJA of Ottawa supports them all, and if this would be all it does, "Dayeinu". However, the various social services, care for the aged, etc are further supported.

Let us realize that the UJA must remain strong and vibrant and only we can make it so.

Rabbi Donald R. Gerber
Temple Israel

What does it mean to be a beneficiary agency of the United Jewish Appeal? In the case of Temple Israel it means that each child in our Sunday-Wednesday religious school is subsidized by approximately $85. by community funds. Our children and their parents are very fortunate that we receive this community support. Of course, there are many more beneficiaries than the Temple; other Jewish school children and their parents, new immigrants, senior citizens, all those whose lives are enhanced by our Jewish community services. We are taking care of our own exceptionally well in this community and still sending the majority of our monies raised to Israel.

I understand that 25 per cent of our community did not contribute to the United Jewish Appeal last year. That disturbs me greatly. I believe that such non-giving is a rejection of many "mitzvot". Why do Jews reject "mitzvot"? Usually for one of two reasons, either because they have not learned (in this case to give) or because they do not believe that doing the "mitzvot" can help. There is no doubt that your contributions will help on many levels. Therefore, please learn to give. Every member of our community has the obligation to learn to give. G-d forbid, Israel should be weakened because we, in the Diaspora, have not learned how to support her. Don't let that possibility happen. Each of us must give!

Vaad Report

by Gilbert Greenberg

President, Ottawa Vaad Ha'Ir (Jewish Community Council)

Shalom Welcome Service Reception

Two weeks ago, I had the privilege of attending a Wine and Cheese Party for newcomers to Ottawa arranged by our Shalom Welcome Service. There were about 150 present -- newcomers, committee people, heads of organizations – and it was a pleasure to see how they were mixing, exchanging phone numbers and generally getting to know each other.

There was a nice mixture of young couples, singles and adults. They came from Montreal, Toronto, points west and as far away as Russia. Off in a corner a group was sitting in a circle; they had just met for the first time and had already found things in common to talk about. Hopefully, this will be the beginning of new friendships and new opportunities to develop closer ties with the community.

This was the first of what will become a semi-annual or annual gathering. I want to thank Susannah Dalfen, the Chairman of the welcoming group and the men and women on her committee for what they have accomplished in the eight or nine months of their existence.

The process of reception begins when the Shalom Welcome Service becomes aware that a new family or individual has moved to Ottawa. A letter of welcome is sent off by the Vaad. A copy of our directory of services is enclosed. The name is immediately added to our mailing list so that the Bulletin can start coming regularly. At the same time, a committee member is assigned and in a few days phones to arrange a personal visit to the home. The volunteer arrives with a bottle of wine, a Jewish Directory and a warm smile. Information or help is offered and contact is maintained until the volunteer feels that the newcomer is settling in to his new surroundings.

The interesting thing to me is that many of the newcomers want to become active in our programs. This is the best guarantee we have that newcomers to Ottawa will become a part of our community life.

Nominating Committee

On March 31, I wrote briefly about the Nominating Committee procedure we follow in preparation for the Annual General Meeting of the Community which will take place this year on Wednesday evening, June 21. Under our Constitution, the Nominating Committee has the responsibility of selecting a Slate of Officers and Trustees - at-Large for the ensuing year and proposing their names to every known participating member of the community.

I am now able to inform you that the seven members of the Nominating Committee confirmed by our Board of Trustees are Rabbi Reuven P. Bulka, David Loeb, Sibyl Mirsky, Israel Shinder, Sol Shmelzer, Stella Torontow and Norman Zagerman. Their recommendations and the formal notice of the annual meeting will be contained in the next issue of this paper.

Lawrence Freiman's Autobiography

By the time this reaches you, Lawrence Freiman's autobiography entitled "Don't Fall Off the Rocking Horse" will have made its appearance. I enjoyed the two excerpts in the local press and am looking forward to reading it in its entirety. The book is certain to evoke feelings of warmth and nostalgia among the members of our own community. I congratulate Mr. Freiman on his first venture into the literary field.

The Holocaust T.V. Series

NBC TV estimates that some 120 million North Americans saw the nine and one-half hour production of Holocaust which was carried on four separate nights recently. Despite the controversy it created in some quarters, the prevailing view appears to be that it was well done and that it seemed to remind the world about an event in world history which was too terrible to be believed but not too terrible to have happened.

I think it was an important program for Jews as well as non-Jews. We want to forget, to cast aside the memories of that tragic era for the enormity of the crime boggles the imagination. When you think of it, it is hard to believe that one out of every three Jews in the world was murdered simply because of an accident of birth.

Our young people in particular need to be reminded and this may have been one of the TV show's most redeeming features. The story has to be told and re-told each year because there are forces at work in the world which mean to do us harm.

The TV special should be especially meaningful to us in Ottawa since it came on the eve of the Dedication of our Holocaust Memorial on May 7. With the poignancy and drama of that epoch fixed clearly in our minds, an unprecedented turnout for the event is a must. I urge every family to be present and to bring their teenage children for in a very real sense we are all survivors and should be present at the dedication of the monument to the six million. We should be together with members of our community who lost family during those tragic years.

You and your family are urged to attend

The Dedication of the Ottawa Jewish Community Holocaust Memorial

on

Sunday, May 7 at 11:00 a.m.

Jewish Community Cemetery

Highway 31 Bank Street

Participants

The Rt. Hon. Bora Laskin
Chief Justice of Canada

His Worship Mayor Lorry Greenberg
Corporation of the City of Ottawa

Gilbert Greenberg
President, Jewish Community Council

Aba Beer
National Chairman, Holocaust
Chairman, Ottawa Holocaust Committee

Mendel Good
Committee, Canadian Jewish Congress

Rabbi Saul I. Aranov
Congregation Beth Shalom

Cantor Moshe Kraus
Chairman, Program Committee

In the interest of economy this announcement replaces an individual home mailing

Council Art Show May 7

The National Council of Jewish Women Art Show Committee, under the chairmanship of Naomi Cracower, has finalized plans for its Twenty-First Annual Art Exhibition and Sale to be held Sunday, May 7 at Place du Portage. The Show, to be officially opened by Mme. Leger, will be preceded by a private reception for guests and exhibiting artists. Champagne and hot hors d'oeuvres will be served.

This year, 65 leading Canadian artists are represented in a display of 170 works of art. Viewing of the Show will begin at 6.30 p.m. Brian Smyth will be Master of Ceremonies and will preside over the balloting. In addition, Ed Honeywell, a well-known and talented Ottawa guitarist, will perform during the evening.

There is still a limited number of tickets available for the Show. The cost of admission is $15.00 a couple for which a tax deductible receipt will be issued. Those desiring tickets may call Annice Kronick at 224-8312.

Mail Bag

To the Editor:

It has come to my attention that at recent teen social functions a significant number of non-Jewish teen-agers have been in attendance.

As a Jewish parent in this community, I must take exception to the lack of effective policy on this difficult, but important issue.

My understanding of the Jewish Community Centre is that of a Jewish meeting place. If in fact it is not, then perhaps our membership fees would be better served at the YMCA.

In our secular society there are many places where our children are exposed to the non-Jewish world, yet we demand of them to remain Jewish. The Jewish Community Centre must fulfill this need by creating a totally Jewish meeting place for our youth. If not the Jewish Community Centre — then where?

Lillian Kimmel

Receives President's Medal

The President's Medal was recently presented to Muriel Levine upon the expiry of her term of office as Chairman of the Ottawa Jewish National Fund Council. Mrs. Levine has served as Ottawa Chairman since 1975. Left to Right are Lt. Col. Yaacov Gur, Jerusalem Emissary; Hugo Levendel, formerly an Ottawa JNF Chairman; Mrs. Levine; Bernard Welser, Executive Director, Eastern Canada and Harry Goldstein, Vice-President, J.N.F. This medal is awarded to local, regional and national JNF Presidents thanks to a contribution made in 1969 by a non-Jewish donor.

Educate the child according to his way, even when he is old he will not depart from it. (Proverbs)

Photo by Vivian Frankel

Hillel Academy

Photo by Vivian Frankel

Community Hebrew Day School

Photo by Vivian Frankel

REGISTRATION OF STUDENTS FOR THE 1978-79 ACADEMIC YEAR

Nursery School Central & West End

A daily morning pre-school programme for children aged 3 and 4 under the supervision of qualified staff.

Children become acquainted with Hebrew language and Jewish heritage through Hebrew stories, songs and dance; introduction to the French language.

Music, science, painting, water play, dress-up, blocks, constructions, table toys, physical education, field trips.

Hillel Academy

Grades 1, 2, 3, 4, 5, 6, 7 and 8

A unique educational experience

A complete Hebrew and Jewish Studies programme including Hebrew language and literature, Chumash, Prophets, Jewish history, Israel, current events of Jewish interest; Mishnah, Talmud, Laws and Customs — an Ivrit B-Ibrit Programme — Bar Mitzvah Preparatory Courses.

A complete course of General Studies, including a daily French period, encompassing curriculum guidelines established by the Ontario Ministry of Education; facilities include libraries, audio-visual equipment, gymnasium, playgrounds and cafeteria; well qualified experienced staff; specialist teachers for French and Physical Education.

All-Day Trilingual Kindergarten

Only programme of its kind in Ottawa

Daily 9:00 a.m. to 3:45 p.m. for children aged 5; half of each day incorporates the regular Hillel Academy Kindergarten programme, including reading readiness, math readiness, music, science awareness, physical education, arts and crafts.

Programme includes preparation for Jewish holidays, Shabbat, traditional activities, conducted by fully qualified language and pre-school specialist teachers.

Two daily sessions, each of 90 minutes, devoted to Hebrew and French instruction.

For Application Form, Further information, or an Appointment to Visit or Discuss Your Child's Education, write or call —

RABBI YAACOV KAPLOUN, DIRECTOR OF EDUCATION
453 RIDEAU STREET, OTTAWA, (613) 235-1841

MR. ROSS L. RICHARDSON, SUPERVISOR, GENERAL STUDIES
1400 COLDREY AVE., OTTAWA (613) 728-1759

Service Answers Needs of Aged

A letter to the community from Lisa Garman, Director, Services for Jewish Elderly

Services for Jewish Elderly has been operating for almost eight months. Because I am leaving my position as Director (we are expecting a new addition to the Garman family!), I feel that a brief summary of what has been accomplished so far is in order:

1. Friendly Visiting Programme — Each volunteer makes a regular visit plus occasional phone calls to his or her senior citizen. The visit may involve going for a walk, attending a community luncheon, shopping, or merely sitting down for a cup of tea, depending on the desires of both the volunteer and the senior citizen. The senior citizens involved live alone, with relatives, or in an institution. They may be physically well or unwell, financially well-off or not. In other words, whoever would like a regular visitor will not be turned down ,or judged "not needy enough" as long as there are volunteers. I would like to thank those Friendly Visitors named below, who have been or are now involved in the programme. They have done a wonderful job in easing the loneliness of their senior citizens and in most cases have gained a great deal in return.

2. Transportation Service — If a senior citizen has a medical appointment, needs groceries, wants a ride to a community activity etc., he or she may phone Services for Jewish Elderly, stating the details (when, where). Because there are, as yet, only nine transportation volunteers, service cannot be guaranteed; however, we try hard to arrange the necessary transportation. I would like to thank the Transportation people listed below, who have made themselves available one or more days per week for occasional driving when the need arises.

3. Nutrition and Fitness Programme — In conjunction with the J.C.C. a three-part nutrition and fitness programme was presented to the Golden Age Club on April 3, 10 and 17. Many thanks are due to Lorna Bernbaum, Marilyn Knox, and Ron Boro with Diane Palmason, each of whom took on the responsibility for leading one of the demonstrations. The response to their efforts was very enthusiastic, to say the least. Services for Jewish Elderly and the Golden Age Club are now working on offering one lunch meal in both May and June in order to gauge the need for an ongoing wheels-to-meals programme.

4. Interest Groups — A number of volunteers are interested in setting up small interest groups for music appreciation and for crafts. These groups would meet at senior citizens' or volunteers' homes, or at the J.C.C., possibly on a rotating basis. Hopefully, transportation would be provided where necessary. These groups have not started yet; ideas and participants are welcome.

5. Miscellaneous Services — Many people phone in to Services for Jewish Elderly to get assistance for short-term or one-of-a-kind problems. We make every effort to help them or to put them in contact with the appropriate resource.

As you can see, Services for Jewish Elderly has grown since its inception in September, and we are certainly answering needs in the Jewish community. Aside from the support of the volunteers listed below, I have received help and advice from many resource people. They are too numerous to mention by name but they know who they are, and I thank all of them very much.

Friendly Visitors
Mrs. Esther Ages
Mrs. Helen Alvo
Dr. Mark August
Miss Lorna Bernbaum
Mrs. Dorothy Browns
Miss Lynn Gillman
Miss Judy Goldmaker
Miss Elaine Gordon
Mrs. Miriam Gordon
Mr. Abbo Kent
Lisa and Michael Litvak
Miss Anne Martin
Mrs. Bryna Monson
Miss Janet Pitcher
Mrs. Sonya Poss
Miss Mira Shane
Mrs. Lorna Shapiro
Mrs. Jenny Shinder
Mrs. Debbie Shore
Mrs. Shirley Steinberg
Mrs. Anne Taller
Mrs. Elaine Wright
Joel and Toby Yan

Transportation
Mrs. Simone Goldberg
Mrs. Miriam Gordon
Mr. Abbo Kent
Mrs. Debbie Krebs
Mrs. Sandra Levinson
Mrs. Simone Maser
Mrs. Malka Polowin
Mrs. Debbie Shore
Mrs. Harriet Slone

Administration
Mrs. Marilyn Markson
Mrs. Frances Shaffer

Talmud Torah

Pupils of the Talmud Torah Afternoon School participate in the Student Purim Assembly held on March 12.

Presentation Ceremony

At the February 25 Shabbat service, during Baden-Powell anniversary week, Temple Israel honoured 19 boy scouts, cub scouts, girl guides and brownies, by presenting to them "Religion in Life" emblems. The parents of the honoured children shared the simcha by sponsoring a kiddush for the congregation.

U.J.A. Time at Hillel Academy West End Kindergarten

Faigle Rosenberg and Helen Goldman have instilled an early spirit of Tzedakah in their young students. Women's Division Chairman, Dorothy Nadolny, accepts their U.J.A. pushka, to which the children contribute every Friday afternoon.

ב"ה

CAMP GAN ISRAEL

A Day Camp — for Boys and Girls

a project of
Association for Enrichment of Jewish Culture

WHO?	children ages 4 to 11 special ½ day session for 3 year olds
WHERE?	Fisher Heights Elementary School 10 Coral Ave. — Ottawa West (Nepean)
WHEN?	starting July 3 — for 3½ and 7 week periods
FEES?	full session $150 plus transportation half session $80 plus transportation

- Door to door transportation
- Experienced dedicated staff
- All sports activities
- Swimming . . . boating
- Arts and crafts
- Exciting trips
- Cookouts and overnights
- Jewish song and dance
- Challah baking
- Nutritious snacks & milk daily
- Shabbat parties
- Red Cross Swimming Instruction
- Scholarship allowances
- Bar Mitzvah lessons available

Limited registration — applications received before May 15 — 10% discount
For further information please call:
Rabbi David Hayes, Camp Director, or Chaya L. Berger
728-8548 722-5029

DAY CAMP COMMITTEE:
Rabbi Mordecai Berger, Dr. Lyon Pearlman, Faigel Rosenberg, Morris and Lillian Kimmel, Joel Diena, Issie Scarowsky

THE WOMEN'S DIVISION

of the

1978 UNITED JEWISH APPEAL

invites you to join

THE JEWISH LIFELINE

a very special learning experience

featuring:

Beatty Botner, Montreal
Joanne Cummings, Montreal
Simone Goldberg, Ottawa
Nancy Simms, Montreal
Joyce Straus, Waterloo

Tuesday, May 2, 6:45 p.m.

Assembly Hall, 151 Chapel Street

Buffet Supper – Couvert: $2.00

Free parking in the Pestalozzi Garage

R.S.V.P. To: Dorothy Nadolny, 728-0459 or Cally Kardash, 829-8959

Please come prepared to make your pledge

In order to keep costs to a minimum, this notice is in lieu of personal invitations

Highlights

Mon. May 8,	4:30 p.m. — Merchants' Preview 8:00 p.m. — Official Opening
Tues. May 9,	7:30 p.m. — Youth Maccabiah Sports Night 10:00 a.m. - 11:00 p.m. — Fair Open
Wed. May 10,	8:00 p.m. — Gala Celebration featuring Israeli singing and dancing with the Gilboa Trio from Montreal 10:00 a.m. - 11:00 p.m. — Fair Open
Tue. & Wed.	— Continuous lectures, films and demonstrations

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Celebra

ISRAE

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FULLY STOCKED WITH ISRAELI MERCHANDISE

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- —flowers
- —felafel stand
- —hardware
- —plastics
- —drugstore
- —books and record
- —furniture
- —ornamental fish
- —needlecraft
- —photography
- —games

CHARGEX - VISA ACCEPTED

Festival of Israeli Art

Adult Lounge, 151 Chapel St.: Rina Kuper exhibit of batiks & acrylics

Salon, National Arts Centre — May 4 - 30
Robertson Galleries 162 Laurier W.: graphics — May 2, 7-9 p.m.
Wallack's Art Gallery 231 Bank St.: sculptue — May 10 - 30

Stroll the Aisles o

RELIGIONS OF ISRAEL

Cultural Displays

Agriculture

Aliyah

"Dead Sea Scrolls"

Development

Early Kibbutz Tower and Stockade

Encyclopedia Judaica

Israel/Arab

Israeli Universities

Library

Medicine and Technology

Tourism

Trade and Industry

Door Prize

Jewish Community Centre 151

nd 30 years young.
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IFAIR

8 Through
May 10

e "Shuk"

Stamps and Coins

Exhibit and Sale

Special Commemorative Philatelic Cover featuring Secretary of State John Roberts signing recent cultural agreement with Israel.

Lunch or Dine
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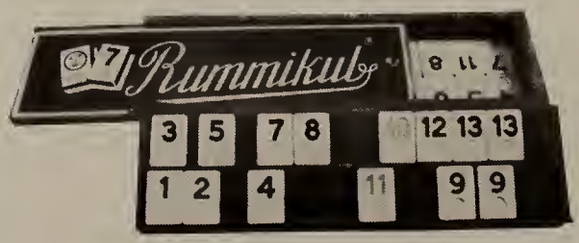
Dizengoff Café

Rummikub Tournament

BEGINNING MONDAY EVENING WITH A CELEBRITY CHALLENGE

BERT LOEB TO PLAY AGAINST HIS WORSHIP MAYOR LORRY GREENBERG



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Our Supermarket

DAVEN AT THE
"WESTERN WALL"
at 7:30 a.m. and 8:00 p.m.

Yad Vashem
Holocaust Exhibit

apel Street

Free parking at Pestalozzi Garage

Jewish Community Centre Spotlights

Golden Agers Crown New Queen

In spite of the bad weather more than 90 members and their guests attended the Purim Party, Monday afternoon, March 27.

As in the past a woman from the Club was chosen to represent Queen Esther, in honor of her attention and devotion to the Golden Age Club during the past year. This year's Queen is Mrs. D. Kizell.

Last year's Queen Esther, Mrs. B. Rotkin escorted the new Queen to her throne on the stage. Mrs. Rotkin and Mrs. B. Roodman then crowned the new Queen. Mrs. Kizell was presented with a bouquet of flowers, a gift and a notification of a donation to Hillel Lodge in honor of the occasion. The Daisy Mitchell Band struck up a lively march and a parade of well-wishers, among them members of Mrs. Kizell's family, offered best wishes to Queen Esther.

Song and dance was then enjoyed. Hamentashen and fruit salad were served.

Mrs. B. Roadman, left, congratulates Queen Esther, Mrs. M. Kizell. Mrs. B. Rotkin last year's Queen, presents the Queen with a gift from the Golden Age Club.

The Golden Age Club wishes to express sincere gratitude to Paquette Florist for the bouquet and to Caplan's Ltd. for the donation of a handbag to the Queen.

The Word

by Bernie Farber, Youth Services

I would like to start off by congratulating all those individuals who participated in the Jewish Community Centre Leadership Training Course this past month. For the forty or so teens that took part, it seems that not only did they learn about leadership training, but they had a good time in doing it.

The course delved into all aspects of leadership and camping, teaching various skills and problem solving techniques. Since it was so successful, look for another Leadership Training Course next year.

With the coming of spring, the Jewish Community Centre Youth Department now begins to wind down most of its activities to fully prepare for Day Camp. However, there will be a couple of events of interest coming up in the near future.

Be sure to keep your eyes and ears open for the date of our grand final dance before summer starts. No disc jockey this time, but a well known rock group will hit the stage for an evening of dancing, fun and prizes.

Unsupervised, Trampolines Are Lethal

Ottawa Drs. D. Malek and P. Pollock have expressed concern on unsupervised use of trampolines at the Jewish Community Centre. The Physical Education Department shares their concerns.

Many times people have on their own volition opened the trampoline without proper supervision being available. This can lead to the problems mentioned below in this recent medical journal article.

A growing number of States in the U.S. have banned trampolines and more will follow, says Dr. George Rapp, associate professor of orthopedic surgery at Indiana School of Medicine.

In Dr. Karp's register of trampoline injuries he has collected 34 serious injuries caused by trampolines. Three patients died. The other 31 are quadriplegics, 29 injured in the last six years.

The risk of injury does not depend on experience. The child trying the first few flips is at equal hazard to the extremely experienced athlete. "America's number one gymnast was killed a few years ago attempting a two-and-three-quarter somersault at a camp on a mini trampoline."

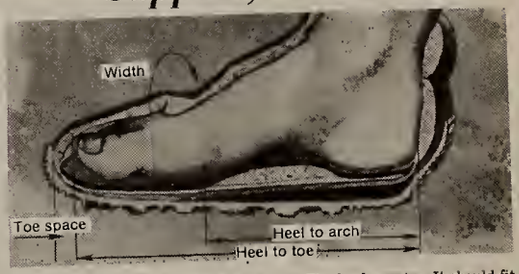
"They (trampolines) should never be left unattended in school gyms. They should be used only when there is a trained instructor present who has access to safety harness."

"It is significant that most of the serious injuries involve the cervical spine and produce quadriplegia."

Dr. Rapp says the 34 injuries reported to him are probably the tip of an iceberg. For one thing not one case came in from the north-eastern U.S.

He says the American Academy of Pediatrics is now on record as being against trampolines being used in competitive sports and the Academy also urges they be banned from physical education courses in schools and colleges.

Athletic Shoes Should Fit, Support, Cushion



"The first step in exercising proper foot health is the selection of the proper shoe and the fit," says Donald Maron, DPM, from Syracuse, N.Y., writing in a recent newsletter of the American Academy of Podiatric Medicine. He recommends that the shoe should provide support, cushioning of the ball, firm arch support and flexibility of the sole for easy pushoff. The foot should be measured while the athlete is standing and (especially for females) in the late afternoon or early evening, since feet swell during the day. When selecting shoes, there are three important areas to consider, according to Dr. Maron:

1) The heel counter. It should fit snugly around the heel, yet not be so stiff as to cause irritations. A loose fitting counter can cause blisters on the heel or possible tendon irritations from excessive motions.

2) The vamp. It should be wide enough to accommodate the forefoot without being too loose, otherwise it can cause blisters, especially on the ball of the foot. Too tight a vamp, however, will cause corns, toe deformities and muscle cramping.

3) The toe box. It should allow free movement of the toes without pressure. A cramped toe box can cause blood blisters, as well as ingrown and bleeding toenails.

Volleyball Champs

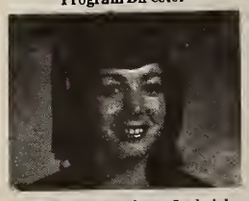
The All-Star Women's Volleyball team, victorious after the match with C.F.R.A. on March 14.

Jewish Community Centre Spotlights

Specialty Staff Selected

Day Camp Ready To Swing Into Summer

Janet Kimmel
Program Director



Jacqueline Kaufman-Ludwick
Fine Arts Director

Lynn Steiner
Arts & Crafts Director

Camping Services Chairman Malcolm Glube and Camp Director Bernie Farber are pleased to announce the hiring of the following specialists for this year's Jewish Community Centre Day Camp.

Janet Kimmel, Program Director, is a graduate of Queen's University. She has been active in all forms of day and residential camping for the last four years. Recently returned from Israel, Janet will also lend her knowledge of Israeli culture and Hebrew to enhance the cultural aspect of the JCC camp.

Jacquie Kaufman-Ludwick will be the Fine Arts Director. A Fine Arts graduate of Concordia University in Montreal, she has served as Unit Head and Drama Director of the YMHA Day Camp in Montreal and as Program Assistant at the Ottawa Jewish Community Centre. Jacquie is now completing the Bachelor of Education program at Ottawa University.

Lynn Steiner, who is returning for a second year to the Day Camp, has a Bachelor of Fine Arts degree from the University of Ottawa and a Bachelor of Education degree from Queen's University. She will again hold the position of Arts and Crafts Director. She will be working with Shawn Greenberg.

Enid Oppen, Dance Director, is a graduate of McGill University. She has taught dance for a number of years in various Day Camps in and around Montreal. With the addition of Jewish folk dance to the specialty roster, the Jewish Community Centre Day Camp expects to have one of the finest Fine Arts programs for children in the city.

Enid Oppen
Dance Director

Elliott Kimmel
Song Director

Diane Palmason
Director of Swimming

Malcolm Oppen
Unit Head

Elliott Kimmel, Song Director, has proven time and again that his musical ability both on guitar and voice is top notch. At this time Elliott is busy preparing a song book of Israeli and Hebrew folk songs that all children will be sure to enjoy.

Diane Palmason will be returning as Director of Swimming. Last summer Diane led one of the most successful swimming programs on record. With over three-quarters of the J.C.C. senior camp eligible for Red Cross testing, 95 per cent of them received their certification in the Junior and Senior levels.

Malcolm Oppen, who will be a Unit Head, holds a B.A. degree from Concordia University ahd has spent a number of summers working in Day Camps in the Montreal area. Currently Malcolm is completing his law degree at Ottawa University.

West-End Fitness

For the month of April, the West-End Rhythmic Fitness class is on a walk-jog campaign to promote "more fitness" and "less fatness." The members are encouraged to extend the 45 minute class with an extra 15 minute jog, as well as with a walk, jog or bicycle ride on the weekend. Making the greatest strides so far are Frances Shaffer, Freida Lauterman, Andre McDermott, Jan Lauson, Ann Huss, Elissa Iny, Polly King and Donna Ford.

The final spring session will begin on Monday, May 1, and end on Thursday, June 1, and will feature the "Lose and Win Club".

Maccabiah Relays At Israelifair

Each person who comes to the Gym on May 9 to register in the Macabiah at 7:30 pm will be assigned to a team.

There will be stations for each person according to his age classification.

Each team will have a captain from BBYO.

ENTRY FORM

Ottawa Rummikub Tournament

Monday May 8th, Tuesday May 9th
Ottawa Jewish Community Centre

Name .....

Address .....

Home Phone .....

Rule Preference: International .....

..... American

All entry forms must be received, along with a cheque for the entry fee of $3.50 by Monday, May 1. They should be mailed or delivered to:

H. Gross
824 Fleming Ave., Ottawa, Ont. K1G 2Z2
and marked "Rummikub Tournament" on the envelope.

Jewish Information and Referral Service

232-3775

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J.C.C. DAY CAMP

The Jewish Community Centre Day Camp is filling up quickly. With a new emphasis this year, we expect our Day Camp season to be one of the finest yet.

Along with our regular programming, we shall be offering many unique and exciting extras.

Full specialty programs, with a professional dedicated staff, will include:

—Jewish Song and Dance
—Red Cross certified swimming program
—Catered lunches
—Full gymnastics program
—Overnight tripping, cookouts, etc.
—Judaically oriented Arts and Crafts
—Dramatic Arts
—Friday Shabbaton programs

The Camp will run from July 3 until August 18 for children between the ages of four and eleven. For further information and camp brochures please contact Camp Director, Bernie Farber.

Ottawa B'nai B'rith Citizen of the Year

On Tuesday, April 4, B'nai B'rith Ottawa Lodge No. 885 presented His Worship Mayor Lorry Greenberg with the "Citizen of the Year" award for 1977.

Many of the Mayor's friends and colleagues attended the Citation Award dinner at the J.C.C. Among those providing greetings and tributes to the Mayor were Deputy Mayor Marion Dewar, Jewish Community Council President (and the Mayor's brother) Gilbert Greenberg and former N.C.C. head Pierre Juneau. 474 people were in attendance.

The evening ended on a positive note, when President Gerry Snyder presented a cheque for one thousand dollars to the Mayor on behalf of the Lodge. The Mayor turned over the cheque to his favourite project, Participation House.

His worship Mayor Lorri Greenberg.

The Lodge expresses appreciation to Ben Karp and his committee for organizing this award dinner and to Sol Shinder, M.C. for the evening.

Rina Kuper Batiks at Israel Fair

As one of the unique features of the Yom Ha'Atzmaut Israeli fair, the Adult Lounge will feature an exclusive Showing and Sale of the Art of Rina Kuper, one of Israel's best-known batik artists.

Rina Kuper lives and works in her garden studio at Rehovoth, where she is constantly experimenting with new media and techniques. She studied at the Institute of Art at Oranim and became famous for her originality and strong vibrant colors. Her Batik fabrics are worn by Mrs. Ruth Dayan, Mrs. Leah Rabin, as a result of Maskitt's featuring her designs. Golda Meir chose one of her scenic paintings to present as a gift to M. Mitterand, leader of the French Socialits Party, on her last visit to France.

Among the works for display and sale during Israelifair will be acrylics, wax with aquarelle, epoxy finishes, batik on wood, and other unusual forms — all unique . . . but reasonably-priced.

Observe Anniversary

continued from Page 1.

The Trade Fair will seek to recreate a typical Jerusalem "shuk" or market which will offer a wide variety of goods for sale. Among the items available will be packaged and canned fruits, candies and groceries; plastic household products; furniture; records; cards; jewellry; handicrafts; arts and crafts and many more.

Oils, watercolours and lithographs by some of Israel's leading artists will be exhibited. Leather goods by Beged Or and other top Israeli fashion houses will be on display.

One of the most interesting exhibits is entitled "The Religious of Israel." Others will focus on archeology, history, tourism, industry, institutions and the people themselves. The Western Wall will be replicated and there will even be a watchtower around which the early kibbutzim were erected. Snacks will be available from the fellafel stands and restaurant which will operate throughout the three-day period.

A Maccabiah is being organized for young people and even the current Rummikub craze has not been forgotten with the winner of the tournament taking on Mayor Lorry Greenberg in an exhibition match.

The formal events will bring together a number of dignitaries from the Jewish and general community and from government sources. The public at large is expected in significant numbers and a special merchant's program has been organized to show local shopkeepers the range of goods and services available in Israel. Members of the Jewish community will be making at least two visits to the Fair – Opening Night Monday, May 8 and the Gala on Wednesday, May 10.

The Thirtieth Anniversary Celebration on Wednesday evening will begin with a Service of Thanksgiving and then move into the outdoor schoolyard where there will be Israeli entertainment, folk-singing, dancing and merry-making. Further details are contained on the centrefold pages of this Bulletin.

Visit Matzo Factory

On Sunday April 9 approximately 90 children enjoyed a field trip to the Shmurah Matzoh factory in Montreal to observe the manufacture of their special hand-made matzoh.

The children gathered at the Young Israel Synagogue in the early morning hours. A short way out of the city, on the Voyageur busses, Tefillas Hadereck (Prayer for a safe trip) was said and then the singing, clapping, laughing, and talking began. Upon arriving in Montreal, the children ate lunch at Chabad house, a kosher restaurant for students at McGill University. Afterwards the children went on a guided tour of the bakery. All were given a chance to taste fresh Shmurah Matzoh.

After leaving the Matzoh bakery, the buses drove to the Beth Rivkah School where a program of activities for the children had been planned. This included a Passover story and singing, followed by refreshments. Then, it was time to board the bus for the return trip to Ottawa.

The Association for Enrichment of Jewish Culture, which organized the trip thanks all who helped out. A special thanks goes to Ottawa B'nai B'rith lodge number 885, without whose support the trip would not have been possible.

Mark Israel's First Anniversary

The Bulletin is pleased to reprint this photograph taken on May 14, 1949 at the Adath Jeshurun Congregation, on the occasion of the observance of the first anniversary of the establishment of Israel. Shown from left to right are Jacie C. Horwitz, Q.C., President, Ottawa Zionist Society, who chaired the program; the Hon. Mr. Justice Ivan C. Rand of the Supreme Court of Canada, author of the report of the United Nations Special Committee on Palestine, who was the guest speaker; Rabbi Emanuel L. Lifschutz, United Synagogues of Ottawa; and Bernard M. Alexandor, Q.C., President, Adath Jeshurun Congregation .

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The Ottawa Jewish Bulletin and Review is published by the Ottawa Vaad Ha'Ir (Jewish Community Council of Ottawa), 151 Chapel Street, Ottawa, Canada K1N 7Y2. David Loeb, Immediate Past President; Gilbert Greenberg, President; Sol B. Shinder, Dr. Baruch Diena, Vice-Presidents; Alfred Friedman, Treasurer; Joseph Lieff, Q.C., Honorary Secretary; Hy Hochberg, Executive Vice-President; Nancy Zalman, Bulletin Co-ordinator.

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"HOLOCAUST"

"Many things in Jewish history
are too terrible to be believed—
but nothing in that history is too
terrible not to have happened...
"Yet, after all the massacres,
the inquisitions, the Holocausts,
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—Abba Eban

We Are One

1978 United Jewish Appeal of Ottawa

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CARPENTRY, private homes or businesses. Will finish basements, do small construction jobs. Phone Zygmunt Kuczkowski, 523-7428, or Temple Israel, 224-1802.

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WATCH SHALOM-OTTAWA
Focus on
Israel's 30th Anniversary and National Council of Jewish Women Art Show
Tuesday, May 2, 9:00 p.m. East End
Sunday, May 7, 5:00 p.m.
Producer/Hostess: Ruth Mirsky

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Volunteers For Survey

The committee studying the aging of the Jewish Community of Ottawa met recently with Albert Rivers presiding.

Sub-committees have been formed and are now hard at work on the mechanics of the survey that they will be undertaking.

Volunteers will be required to implement this very large-scale endeavour. Anyone able to help is asked to contact Study on Aging, 232-3775.

SHABBAT CANDLE LIGHTING
April 28 — 6:45 p.m.
May 5 — 7:54 p.m.
May 12 — 8:03 p.m.

Falasha Jews to Speak

Touring Canada during the month of May are two young male Ethiopian Jewish ORT students. On Sunday May 7 at 8:00 pm at the Agudath Israel Synagogue, they will speak about the 'Falasha' Jews of their home-land, their primitive surroundings, their surviving Judaism and the important role ORT plays in their daily lives. There will also be a slide presentation.

Rummikub Tournament

A Rummikub Tournament will be a featured attraction of the Israelifair on May 8-10, at the JCC

Those who have seen and played this "new rage" game in Israel know its challenges. Since there can be only a limited number of participants, entry forms must be received by May 3 (See form on page 9. Forms are also available at the Jewish Community Centre.)

Round 1 will be played on Monday evening at 8:30 p.m., and Rounds 2 and 3, the following evening. The draw for seating and tables will be posted at the JCC. Each round will consist of four games. The winner will be the entrant with the highest average score, and will advance to the next round. A time limit of one and a half hours per round will be used. If four games are not complete, three shall be used, and so on.

If sufficient entries are received, indicating a preference for the International Rules, these will be used. If not, the simpler American version will be used. Prizes will be $50.00 for first, and a trophy; $25 for second; $15 for third and $10.00 for fourth.

There is also to be a special "Celebrity Rummikub Tournament." Bert Loeb, recently nominated Liberal candidate for M.P. and former president of the Ottawa Jewish Community Council, will play Mayor Lorry Greenberg. Bill Polsky will be referee - toastmaster, in this "federal against municipal government" match.

Young Adults

The next planning meeting for the Young Adult group will be held on Thursday, May 4 at 7:30 p.m. at the home of Larry Shalit, 363 Besserer Street, Apt. 408.

A party called "May Flowers" will take place on Saturday May 13, 9:00 p.m. at the home of Susan Greenberg, 417 Roger Road. Cost will be $1.00 at the door.

Just a few openings remain for young adult baseball. To register, contact Barbara Greenberg, 2890 Baycrest Drive. Closing date is May 14.

Out of towners and prospective members are welcome at all programs. For information, contact Abe Nadrich, 232-7306.

Jewish Singles Get-Together

Ottawa's new singles club will hold its second get-together, a house-party, on Saturday, May 13, 8:30 p.m. at the home of Marlene Burack, 394 Besserer Street. It's a BYOB party, but refreshments, mix and ice will be provided. There's a $2.00 admission charge.

Some 30 people turned out at the first get-together in March. Such a turnout indicates a definite need for a singles club in this city.

An attempt will be made to meet throughout the summer, featuring Bar-B-Que's, parties, a possible inter-city visit, and other outdoor and indoor activities.

Anyone wishing further particulars should call Selma Tarantour, Interim Chairman, at 236-5138, or Mac Lipson, Publicity, 235-1586.

Membership fees are not being charged at this time. Singles are eligible if they are over 26, separated, divorced or widowed.

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